# JOB DESCRIPTION ATHLETIC TRAINER

JOB TITLE: Athletic Trainer WAGE/HOUR STATUS: Exempt

**REPORTS TO:** Director of Athletics **TERMS:** 11 Months (207 Days)

**DEPARTMENT:** Athletic **PAY GRADE:** Teacher Pay Schedule

### **PRIMARY PURPOSE:**

Plan, coordinate, and supervise all components of athletic training program for student athletes; work under the advice and consent of team physician to carry out activities in the following areas: prevention, evaluation, emergency treatment, physical reconditioning, and rehabilitation of injuries

### **QUALIFICATIONS:**

#### Minimum Education/Certification:

Bachelor's degree from an accredited college or university Valid license from Texas Advisory Board of Athletic Trainers

### Special Knowledge/Skills:

- Ability to provide injury prevention and rehabilitation services
- Ability to provide emergency care
- Knowledge of therapeutic modalities and ability to treat student athletes
- Ability to instruct and supervise student athletes and assistants
- Excellent organizational, communication, and interpersonal skills

### **Minimum Experience:**

Five years experience as an athletic trainer

### **MAJOR RESPONSIBILITIES AND DUTIES:**

### Illness/Injury Prevention

- 1. Plan and implement a comprehensive athletic injury and illness prevention program for student athletes
- 2. Attend practice sessions and athletic contests as assigned by athletic director



# Longview Independent School District

# JOB DESCRIPTION ATHLETIC TRAINER

## **MAJOR RESPONSIBILITIES AND DUTIES: (continued)**

### Illness/Injury Prevention (continued)

- 3. Establish and maintain effective communication with students, parents, medical and paramedical personnel, coaches, and other staff
- 4. Provide physical conditioning/training to injured student athletes
- 5. Fit injured athletes with specialized equipment and oversee its use
- 6. Prepare athletes for games and practices by conducting evaluations and using tape, wraps, splints, braces, and other protective devices as needed
- 7. Identify acute injuries and provide first-aid triage
- 8. Detect and resolve environmental risks to athletes

### Rehabilitation/Reconditioning

- 9. Plan and put in place a comprehensive rehabilitation and reconditioning program for injuries and illnesses sustained by student athletes
- 10. Determine therapeutic goals and objectives for individual athletes
- 11. Apply therapeutic modalities and instruct athletes on proper use of exercise equipment
- 12. Evaluate and record rehabilitation progress of athletes; develop criteria for progression and return to competition
- 13. Follow professional, ethical, and legal parameters regarding use of drugs and therapeutic agents for treatment and rehabilitation of injured athletes

### Administration

- 14. Coordinate scheduling of athletic physical examinations and screening
- 15. Select, train, and supervise student assistants
- 16. Compile, maintain, and file all physical and computerized reports, records, and other documents including medical, accident, and treatment records as required



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## MAJOR RESPONSIBILITIES AND DUTIES: (continued)

### **Administration (continued)**

 Maintain an inventory of training supplies and equipment; requisition additional supplies as needed

### Other

- 18. Comply with district policies, as well as state and federal laws and regulations
- 19. Adhere to the district's safety policies and procedures
- 20. Maintain confidentiality in the conduct of district business
- 21. Must be able to perform the essential functions of walking and interacting with students and/or district employees in the specific work site assigned (classroom or office setting)
- 22. Demonstrate regular and prompt attendance
- 23. Other duties as assigned

### **SUPERVISORY RESPONSIBILITIES:**

Supervise the work of student assistants

### **EQUIPMENT USED:**

Exercise equipment and devices including stationary bike, pulleys, weights, whirlpool, paraffin bath, ultrasound equipment, and cold packs

### **WORKING CONDITIONS:**

### **Mental Demands:**

Reading, ability to communicate effectively (verbal and written); maintain emotional control under stress; coordinate district-wide curriculum functions; interpret policy, procedures, and data



# Longview Independent School District

# JOB DESCRIPTION ATHLETIC TRAINER

**WORKING CONDITIONS: (continued)** 

## **Physical Demands/Environmental Factors:**

Frequent standing, stooping, bending, pulling, pushing; move small stacks of textbooks, media equipment, desks, and other classroom equipment; repetitive hand motions; prolonged use of computer terminal possible; frequent district-wide travel; frequent state-wide travel; frequent prolonged and irregular hours; possible biological exposure to bacteria and communicable diseases; specific vision abilities required by this job include close vision, distance vision, peripheral vision, and the ability to adjust focus; must be able to frequently to occasionally lift 25 to 50 pounds; outdoor exposure to sun and heat.

## **EVALUATION:**

Teacher Evaluation and Support System (T-TESS)

The foregoing statements describe the general purpose and responsibilities assigned to this job and are not an exhaustive list of all responsibilities, duties and skills that may be required. This job description is not an employment agreement or contract. The administration has the exclusive right to alter this job description at any time without notice.

Printed Name:	 			
Signature:	 Date: _			
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