## LAKEVILLE AREA SCHOOLS POSITION DESCRIPTION

**POSITION TITLE:** Cheer Tumbling Skills Instructor **DEPARTMENT / BUILDING:** Juniper Path Building

TITLE OF IMMEDIATE SUPERVISOR: Enrichment Coordinator

**BARGAINING UNIT:** Casual

**EXEMPT/NON-EXEMPT:** Non-Exempt

LOCATOR (HR use only):

**POSITION SUMMARY:** The Cheer Tumbling Skills Instructor works under the direction of the Enrichment Coordinator and Cheer Tumbling Skills Supervisor to teach tumbling to beginner through competition-level squads. They are able to work independently while effectively overseeing athletes and implementing instruction as guided by the Supervisor.

## **ESSENTIAL DUTIES AND RESPONSIBILITIES:**

The essential functions of this position may include, but are not limited to, the following fundamental duties:

- 1. Instruct and spot tumbling skills for beginner, intermediate, and advanced athletes.
- 2. Teach proper technique for tumbling skills:
  - a. Basic: Cartwheels, handstands, forward rolls, backward rolls
  - b. Intermediate: Back walkovers, roundoffs, bridge kickovers, intro to back handsprings
  - c. Advanced: Back handsprings, roundoff + skill, back tucks, layouts
- 3. Lead warm-ups for beginner levels and assist with advanced warm-ups.
- 4. Participate in staff training as needed.
- 5. Follow all policies and procedures, including submitting injury reports.
- 6. Communicate effectively with athletes, parents, and staff.
- 7. Perform other duties as assigned by the supervisor.

## **REQUIRED QUALIFICATIONS** (Specific training or job experience required before appointment):

- 1. Strong leadership and communication skills.
- 2. Ability to stay focused, engaged, and provide a positive learning environment.

## PREFERRED QUALIFICATIONS:

1. Experience in gymnastics, tumbling, and/or cheer preferred.

Employee is required to:	Never	Occasionally 1-33%	Frequently 34-66%	Continuously 66-100%
Stand				Χ
Walk				Χ
Sit		Х		
Use hands dexterously (use fingers to handle, feel)				Х
Reach with hands and arms				Х
Climb or balance			Х	
Stoop/kneel/crouch or crawl			Х	
Talk, see and hear				Χ
Taste or smell		Х		
Physical (lift and carry):			Х	
Up to 10 pounds			Х	
Up to 25 pounds			Х	
Up to 50 pounds				
Up to 75 pounds				
More than 100 pounds				

**DATE: 4/11/2025**