



**Job Title:** Athletic Trainer

**Exemption Status/Test:** Exempt

**Reports to:** Campus Athletic Coordinator/Athletic Department **Date Revised:** October 2017

**Dept. /School:** Athletics

**Pay Grade:** 100

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**Primary Purpose:**

Plan, coordinate, and supervise all components of the athletic training program for student-athletes. Work under the direction of the athletic department and campus athletic coordinators to prevent, recognize, assess, manage, treat, and rehabilitate athletic injuries and illnesses.

**Qualifications:**

**Education/Certification:**

- Bachelor's degree in a related field
- Valid license from the Texas Advisory Board of Athletic Trainers
- Current adult cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) certification

**Experience:**

- Minimum of two (2) years of experience as an athletic trainer

**Special Knowledge/Skills:**

- Knowledge of therapeutic modalities and injury prevention
- Ability to provide emergency care and rehabilitation for student athletic injuries
- Ability to instruct and supervise student-athletes and assistants
- Strong organizational, communication, and interpersonal skills

**Major Responsibilities and Duties:**

1. Plan and implement a comprehensive athletic injury and illness prevention program for student-athletes.
2. Attend practice sessions and athletic contests, providing hydration stations for the student-athletes.
3. Attend practice sessions and athletic contests and prepare athletes using protective techniques and devices as needed.
4. Provide emergency or continued care and refer athletes to a physician for definitive diagnosis and treatment.
5. Detect and resolve risks to athletes and determine continued participation in athletic events.
6. Develop and establish specific procedures to be carried out in a medical emergency. Conduct and document medical emergency drills on the high school and feeder middle school campuses according to UIL and State Law requirements.
7. Provide health care information and counsel and instruct student-athletes on subject matter related to athletic training.
8. Establish and maintain effective communication with students, parents, medical and paramedical personnel, coaches, and other staff.
9. Have on file all student/athlete documents required by GISD, UIL, and State Law before allowing a student to participate, practice, or tryout for any GISD-sponsored athletic activity.
10. Have on file all GISD, UIL, and State Laws before allowing a student to participate, practice, or try out for any GISD-sponsored athletic activity.



- 11. Schedule visits with assigned feeder middle schools and be available to treat, rehabilitate, and work with parents and doctors with athletic injuries.
- 12. To provide athletic training services at district athletic events as assigned by the athletic department.

**Rehabilitation/Reconditioning**

- 13. Plan and implement a comprehensive rehabilitation and reconditioning program for injuries and illnesses sustained by student-athletes.
- 14. Determine therapeutic goals and objectives for individual athletes, apply therapeutic modalities, and instruct athletes on the proper use of exercise equipment.
- 15. Fit injured athletes with specialized equipment and oversee its use.
- 16. Evaluate and record the rehabilitation progress of athletes. Develop criteria for progression and return to practice and competition.
- 17. Follow and enforce professional, ethical, and legal parameters regarding the use of drugs and therapeutic agents for the treatment and rehabilitation of injured athletes.

**Administration**

- 18. Coordinate the scheduling of athletic physical examinations and screening for your high school and assigned middle school campuses.
- 19. Select, train, and supervise student assistants.
- 20. Compile, maintain, and file all reports, records, and other documents, including medical, accident, and treatment records, as required.
- 21. Maintain an inventory of training and equipment—requisition additional supplies as needed.
- 22. Perform all other duties as assigned.

**Supervisory Responsibilities:**

Direct the work of student assistants.

**Mental Demands/Physical Demands/Environmental Factors**

**Tools/Equipment Used:** Exercise equipment and devices including stationary bike, pulleys, weights, whirlpool, paraffin bath, ultrasound equipment, and cold packs; automated external defibrillator (AED)

**Posture:** Prolonged standing; frequent kneeling/squatting, bending/stooping, pushing/pulling, and twisting

**Motion:** Continual walking; moderate reaching

**Lifting:** Moderate lifting and carrying

**Environment:** Work outside (exposure to sun, heat, cold, and inclement weather) and inside; exposure to noise; exposure to biological hazards, bacteria, and communicable diseases; frequent districtwide and statewide travel

**Mental Demands:** Maintain emotional control under stress; frequent prolonged and irregular hours

This document describes the general purpose and responsibilities assigned to this job. It is not an exhaustive list of all responsibilities and duties that may be assigned or skills that may be required.

Reviewed by \_\_\_\_\_ Date \_\_\_\_\_

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