

# **Evanston Township High School**

## **Physical Education Teacher**

### **Qualifications:**

- Type 9 or Type 10 Illinois State Teaching Certification
- Bachelors Degree or higher in Physical Education
- Health Education endorsement (required for Health Teacher Applicants)
- Driver's Education certification (required for Drivers Education Teacher Applicants)
- CPR and AED certified (or currently working towards this certification)
- Intermediate to advanced level swimmer
- Physical Education/Health/Driver's Education Teaching experience (highly desired but not required)
- Course work in Adventure Education (required for Adventure Education Teacher Applicants)

### **Responsibilities and Expectations:**

1. Personally possess and maintain a healthy fitness level with the ability to demonstrate and participate in vigorous physical activity with or without students when appropriate.
2. Willingness to serve as a Physical Education Teacher Liaison for various committees in and outside of the PE Department (possibly before, during and/or after school hours)
3. Have the ability to differentiate lessons taught in Physical Education/Wellness, within a classroom setting to academically and culturally diverse students.
4. Teach the following (*including but not limited to*) sport activities with the ability to emphasize health and skill related fitness, anatomy and physiology and sports tactics within the lessons:
  - Soccer, softball, football, volleyball, basketball, floor hockey
  - Badminton, gymnastics, basic dance elements, swimming, wrestling, tennis, golf
5. Teach units of health education with topics that include but are not limited to:
  - Abstinence, Birth control, Sexually transmitted infections, Sexting, Blood pathogens
  - Healthy and Unhealthy relationships, Sexual Harassment, Self defense for girls
  - Substance abuse, Tobacco, Drugs and Alcohol, Nutrition and Food Education
  - Bullying, Depression, Suicide
6. Competent teaching and demonstrating the use of the following fitness equipment and fitness activities:
  - Free weights, Weight machines, Cable weights, Body weight exercises, Functional Fitness, TRX Systems, Heart Rate Monitors
  - Treadmills, Elliptical machines, Rowers (*understand the electronic displays for each machine*)
  - Exercise balls, Medicine balls, Kettle balls
  - Various types of resistance bands, Circuit Training
  - Yoga, Pilates, kickboxing, spinning, various levels and forms of aerobic and anaerobic workouts
7. Competent or has the ability to become competent incorporating and teaching the following technologies within your lessons:
  - Heart rate monitors, Fitnessgram™ software, Microsoft Excel, PowerPoint and Word
  - Smartboards™ (click: <http://education.smarttech.com/ste/en-us/>)
  - Quia (click: <http://www.quia.com/>)
  - Google Apps: (click: <http://www.google.com/enterprise/apps/education/>)
8. Daily use of proper terminology associated with the PE/Wellness curriculum while teaching.
9. Familiar with the Fitness For Life Physical Education textbook (click: <http://www.fitnessforlife.org/HighSchool/>)
10. Understanding of weight management for youth.
11. Understand the science and research behind exercise and brain function (click: <http://www.youtube.com/watch?v=A5-kbfnCq6M>)
12. Demonstrate a commitment to social justice, equity, excellence and high expectations for all students and a commitment to each student's physical and academic well-being.
13. Establish and manage student learning in a safe, positive, and respectful learning community in the gymnasium, computer labs and classroom.
14. Know, understand and utilize the current content, current thinking and current research specific to PE and Wellness Education.
15. Assess student progress by analyzing grade and fitness data. Have the ability to revise instruction to improve students' physical fitness levels and academic achievement based on found data.
16. Utilizes formative and summative assessments.
17. Demonstrate a commitment to professional growth by monitoring own learning and collaborate with colleagues. Exhibit a high degree of professionalism.
18. Attends professional organization conferences.

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*Educating all students and supporting a school community where failure is not an option is our commitment to our students. Student achievement and well-being depend on what teachers believe, know, and do. Professionals at ETHS share the responsibility for improving student learning by consistently improving their own practice.*

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Discriminate against the disabled**